



# Hormone Pellet Therapy for Women

## Bio-Identical Hormone Pellet Therapy for Women

### Pellet Therapy

**Bio-identical hormone replacement therapy** using the **pellet method** has changed the manner women age. In the past, women died more frequently in childbirth, PMS was an imaginary problem, and **menopause**, with all of its age related infirmities, was just another stage of life to be endured and lived with. Today, we know that we don't have to accept **hormonal imbalance** as a grim reality. **Natural hormone replacement therapy** has helped improve not only the quality of our lives, but also how long we live them. Some doctors continue to say that women should stop whining and embrace our menopausal woes, but why should we when the remedy is as simple as **replacing missing hormones**?



### Estrogen Pellet Therapy



Estrogen is a woman's most important hormone. Without **hormone replacement therapy**, the loss of estrogen puts her at increased risk for premature ovary failure, osteoporosis, heart disease, colon cancer, Alzheimer's disease, tooth loss, impaired vision, Parkinson's disease and diabetes. The longer a woman is without the protection of her own estrogen, the greater the risk for serious health consequences of these conditions.

There are estrogen receptors in a variety of organs throughout the body and brain. That's why **hormonal imbalance** produces different symptoms such as loss of skin elasticity, bone shrinkage, mood and cognitive decline. On the other hand, when **estrogen levels** rise as they do in the first week of menses, their overall effect is to increase the amount of serotonin available in the spaces between the brain's nerve cells. That improves mood. Within the brain, estrogen may in fact act as a natural antidepressant and mood stabilizer. It is therefore essential that a woman suffering from premature ovary failure or surgical menopause receive treatment from a **HRT physician** who understands the many ramifications of the disease and is willing and able to meet her endocrine and emotional needs.

### Testosterone Pellet Therapy

**Testosterone hormone therapy** gives a woman her mental clarity, libido and muscle tone and mass. When this hormone is at low levels, women often complain of mental confusion, weight gain and poor muscle growth even with regular exercise.

The effect of **hormone deficiency** on the brain, muscle, bone, heart and metabolism can be significant **without hormone replacement therapy for women** and dangerous to long term health. The brain needs normal amounts of **testosterone in balance with estrogen** to produce serotonin, which supports emotional balance. When lacking in these hormones, a woman will experience emotional instability that often results in increased anxiety, irritability, sleep disturbances, anger, sadness and depression.

The musculoskeletal system is also adversely affected by the **loss of testosterone**. By not having **bio-identical hormone therapy** the **deficiency or imbalance of testosterone** can lead to muscle atrophy, osteopenia, osteoporosis and pain in the muscles and joints.

## Bio-Identical Hormone Pellet Therapy – The Right Choice

By “bio-identical” we mean that the biochemical structure of the hormone is perfectly matched to the hormone produced in a woman’s body by her endocrine system. Bio-Identicals used in **hormone replacement therapy** are neither a horse’s hormone nor an artificially formulated (synthetic) that is intentionally manufactured to be slightly different from human hormone in order to patent it.



**Bio-Identical hormones are plant-based**, natural substances that our bodies can metabolize in the way it was designed to do, minimizing side effects. These compounded bio-identicals can be matched to each woman’s unique needs, something that’s impossible with mass-manufactured products.

Countless women and men have now made the switch to natural **bio-identical hormone therapy**. These human-identicals have long been preferred for hormone therapy in Japan, France and other European countries. They’ve been the subjects of many research studies on hormone therapy in which significant health benefits have been reported for both women and men. Data also continues to indicate that receiving hormone replacement therapy at the start of menopause can be very important to a woman’s ongoing health.

